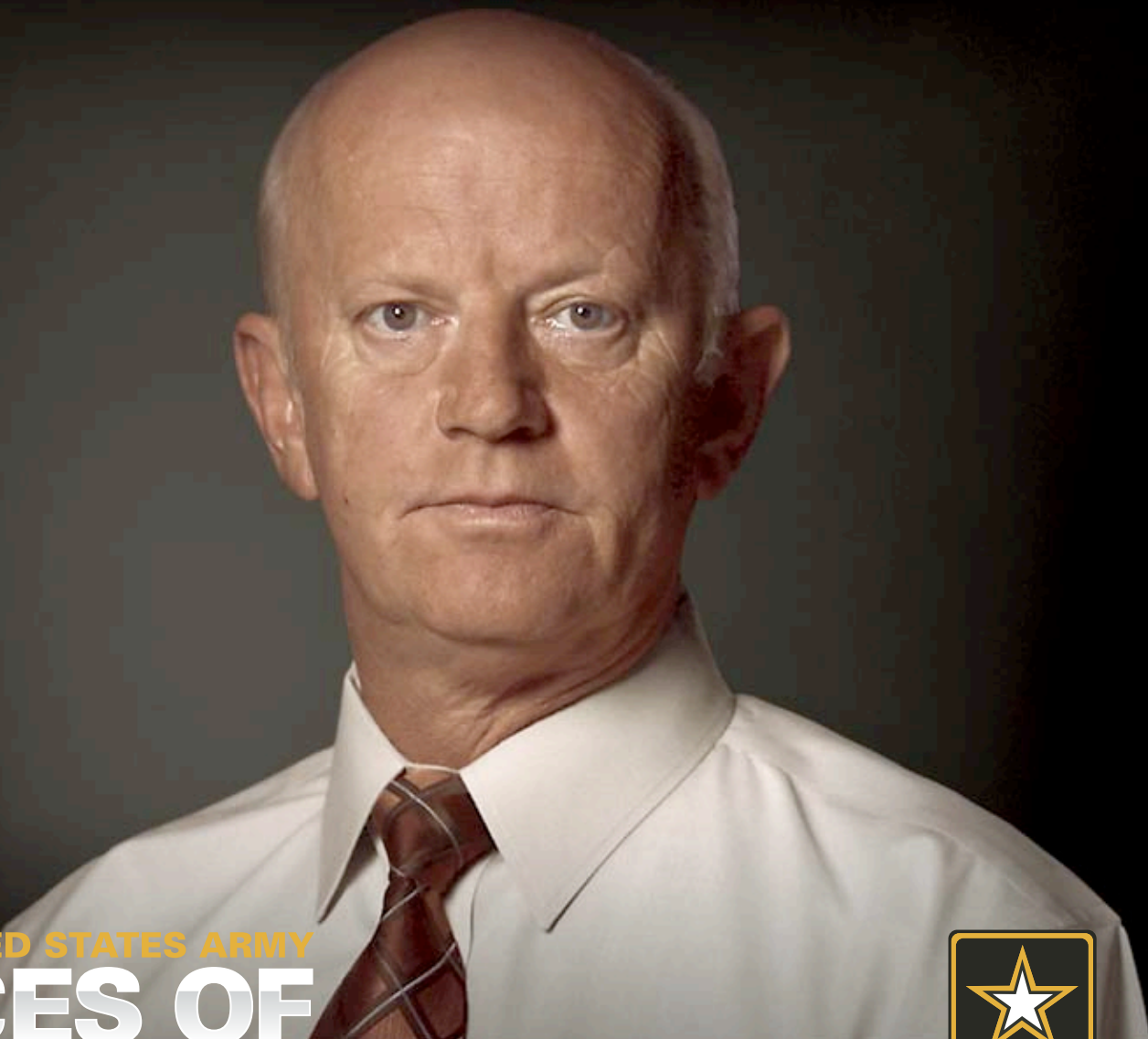


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CSM Ed Foerstel, Retired

When Command Sergeant Major Ed Foerstel retired from the Army, he didn't lose his commitment to selfless service. His good friend and fishing buddy, Greg Harvey, needed a kidney transplant, and Foerstel stood up to answer the call. After being tested and deemed a match, Foerstel underwent surgery to donate his kidney to Harvey

in February 2007. That is the true definition of a battle buddy, Harvey says. Stand by your friends and family and support each other through personal sacrifice ... that is overall Army strength.

The Nation's strength starts here.